

Shrimp Wrap on Basil



Ingredients (Serving 3)

White Toque

Description Item code

3 Feuilles de Brick Dough
2 oz Peeled Fava Beans
3.4 fl oz Maille Balsamic Vinegar
11100

At your local supermarket

Description

15 Jumbo Shrimp 1/2 Bunch of Basil

1 Tomato

2 Scallions

Olive oil

15 Tooth Picks

Salt & Pepper

Cooking directions

- 1. Cut each feuille de brick dough in five portions.
- 2. On each shrimp, put a leaf of basil and wrap it in a piece of brick. Use a tooth pick to hold it together.
- 3. Dice the tomato, add the minced scallions and peeled fava beans previously hand blanched. Season with olive oil, salt and pepper.
- 4. Reduce the balsamic vinegar down to a syrup consistency.
- 5. In a fryer at 350°F, plunge 15 basil leaves for a few seconds, and put them on a paper towel. Deep fry the shrimp for 1 minute and put them on a paper towel as well.
- 6. On the plate, arrange the shrimp in the middle, then place the fava beans salad and the fried basil leaves around.
- 7. Finish by garnishing the plate with the balsamic reduction. Serve at once.